

Multi-Disciplinary

*Crisis Intervention Training (CIT):
De-Escalation and Calming of Aggressive
and Emotionally Disturbed Individuals

FREE TRAINING!

WHILE SPACE LASTS—FIRST COME; FIRST SERVED
*Please note, if you register and fail to attend without 48-hour notice,
you will be expected to reimburse Grays Harbor County \$25.*

Friday, April 15, 2016

Immanuel Baptist Church / 1200 Soule Ave. / Hoquiam

8:30 a.m. - 4:30 p.m.

Training By Ellis Amdur, M.A., N.C.C., C.M.H.S.



This **FREE** training is intended for a multi-disciplinary audience, including
law enforcement, EMS, fire, social services, attorneys, judges, etc.

FOR MORE INFORMATION

SEE ATTACHED

Registrations are DUE

on or before Friday, April 1, 2016

Funding Contributed in Part By:
Grays Harbor County and
Washington State Criminal Justice Training
Commission**

***Approved for CJTC eight-hour CIT SSB 5311 "Doug Ostling Act" requirements.**

****Law Enforcement agencies may be covered for OT and backfill.**

For CJTC information, please contact Deborah Miller at dmiller@cjtc.state.wa.us

Organized by:



Northwest Justice Project

WSBA 7.0 CLEs

AOC 6.5 CJE's

approved

*One-Day Training

De-Escalation and Calming of Aggressive and Emotionally Disturbed Individuals

AGENDA:

8:00-8:30	CHECK-IN
8:30-10	Sections I-VI
10-11:30	Sections VII-XI
12:30-2:30	Sections XII-XVI
2:30-4:30	Section XVII-XXIII

I. Cycle of Aggression II. Why Would Someone Become Aggressive? III. What People Do When Aggressive/Escalating? IV. Communication with Volatile Mentally Ill People V. Stalking VI. Domestic Violence VII. Interpersonal Space VIII: Bracketing: Dealing with Your "Buttons" IX. Circular Breathing X. Basic Principles Approaching Someone Losing Control XI. Physical Organization in the Face of Anger	XII. Tone & Quality of Voice XIII. Principles of Communication with an Angry Person XIV. Establishing Congruence XV. Following the Access Route XVI. Tactical Paraphrasing XVII. Break the Pattern! XVIII. How to Look for Opportunistic/Manipulative People XIX. People on the Edge Facing an Authority Figure XX. Control of the Enraged Individual XXI. The Aftermath XXII. Suicide / XXIII. Crying Wolf
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Ellis Amdur, M.A., Edgework founder, received his B.A. in psychology from Yale University in 1974, and his M.A. in psychology from Seattle University in 1990. He is both a National Certified Counselor and a State Certified Child Mental Health Specialist. Amdur has worked in the field of crisis intervention since 1988. He has developed a range of training and consultation services, as well as a unique style of assessment and psychotherapy. These are based on a combination of phenomenological psychology and the underlying philosophical premises of classical Japanese martial traditions. Ellis's professional philosophy can best be summed up in this idea: the development of an individual's integrity and dignity is the paramount virtue. This can only occur when people live courageously, regardless of the circumstances, and take responsibility for their roles in making the changes they desire.

Mr. Amdur is one of the most prominent trainers in the Pacific Northwest on verbal de-escalation of aggressive and mentally ill individuals. His work focuses on communication specific for first responders to calm and control people manifesting mental illness and emotional disturbance, particularly those who are exhibiting potentially dangerous behaviors. Ellis's vivid descriptions of aggressive and mentally ill people and his true-to-life role-playing of the behaviors in question give participants an almost first-hand experience of facing the real individuals of concern.

EDGEWORK
EDGEWORK

Various discipline-specific books on this subject are available for pre-purchase (\$30 + \$2.59 GH tax) to be received at the training. Please see next page for information to purchase books when you register.

***DISCLAIMER:** *Use of strong language and aggressive behavior will be used as part of demonstrations.*

QUESTIONS ABOUT TRAINING OR BOOK ORDERS: Sarah Glorian (206) 707-0817 / sarahg@nwjustice.org

QUESTIONS ABOUT CJTC: Deborah Miller / dmiller@cjtc.state.wa.us / [Instructions](#) & [Reimbursement Form](#)

REGISTRATION FORM

Friday, April 15, 2016

Immanuel Baptist Church / 1200 Soule Ave. / Hoquiam / 8:30 a.m. - 4:30 p.m.

REGISTRATIONS DUE on or before **FRIDAY, APRIL 1, 2016**

Limited Spaces Available:

*Spaces will be reserved on a **first come, first served** basis.
If you RSVP and fail to attend without 48-hour prior notice,
you will be expected to reimburse Grays Harbor County \$25.*

Primary Contact person: _____

Organization: _____

Address: _____

Phone: _____ Email: _____

	Participant Name	Phone	Email	Book Letter
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

If you need to list additional participants, please copy this page and submit.

TOTAL # of Participants: _____

If registering, but NOT purchasing any books, please email PDF registration to: sarahg@nwjustice.org

If purchasing a book please mail registration & payment to:

CIT Registration
Northwest Justice Project
218 N. Broadway, Suite 1
Aberdeen, WA 98520

TOTAL # of Books: _____ x \$32.59 = \$ _____

If purchasing, please make payments payable to:
Grays Harbor County Sheriff
Book purchase is NOT required to attend the training.

Books by Discipline:

- A *For Social Service/Helping Professions*
- B *For Law Enforcement Officers*
- C *For Correctional Officers*
- D *For Firefighters & EMS*
- E *For Professionals in In-Patient Facilities*
- F *For Emergency Dispatch & 9-1-1*
- G *For Parole and Probation Officers*
- H *Workplace Safety & Everyone Else*
- I *For Families Caring for People with MI*