



Why become a Certified Personal Trainer?

- ✓ Implement an ongoing structured fitness program inside department
- ✓ Take charge of physical fitness testing standards
- ✓ Benefit by being the qualified fitness professional on staff
- ✓ Develop confidence and increase your fitness knowledge



Upcoming Workshop: Certified Personal Trainer

Upcoming Workshop

International Sports & Fitness Trainers Association is holding a personal trainer certification course in Redmond, WA and we invite YOU to join us! Come join one of ISFTA's top Master Trainer Instructors for an informative, fun, and motivational course that will provide you with the essentials needed to get started as a fitness professional.

What: National Certified Personal Trainer Workshop

When: December 11th & 12th

Where: Redmond Police Department
8701 160th Ave NE
Redmond, WA 98052

Time: 10AM-4PM (Saturday), 9AM-1PM (Sunday)

Fee: \$299 (includes study materials and exam fee)
Register at www.isfta.com