

**Pat McNamara (Mac) has 22 years of Special Operations experience, 13 of which were in 1st SFOD-D. He has extensive experience in hostile fire/combat zones in the Middle East, and Eastern Europe. He trains individuals at basic and advanced levels of marksmanship and combat tactics.**

**When he worked in the premier special missions unit, he became an impeccable marksman, shooting with accurate, lethal results and tactical effectiveness. McNamara has trained tactical applications of shooting to people of all levels of marksmanship, from varsity level soldiers, and police officers who work the streets to civilians with little to no time behind the trigger.**

**His military experience quickly taught him that there is more to tactical marksmanship than merely squeezing the trigger. Utilizing his years of experience, McNamara developed a training methodology that is safe, effective and combat relevant and encourages a continuous thought process. This methodology teaches how to maintain safety at all times and choose targets that force accountability, as well as provides courses covering several categories, including individual, collective, on line and standards.**

**While serving as his Unit's Marksmanship NCO, he developed his own marksmanship club with NRA, CMP, and USPSA affiliations. Mac ran monthly IPSC matches and ran semi annual military marksmanship championships to encourage marksmanship fundamentals and competitiveness throughout the Army.**

**He retired from the Army's premier hostage rescue unit as a Sergeant Major**

### **Pat McNamara 2-Day TAPS Pistol – May 25 & 26, 2016 – Kent, WA**

**Tactical shooting requires agile and adaptive thinkers able to handle the challenges of full spectrum operations in an era of persistent conflict. To meet this requirement, TAPS delivers a comprehensive, systematic, progressive Train-the-Trainer shooting program focused on fundamental mastery and built for Law Enforcement officers, military personal, and qualified civilians. Designed for leaders and trainers, the TAPS course also applies to the patrol-level officer, basic level Soldiers, and civilian self & home defense minded shooters. The approach to instruction is through coaching and mentorship and both demonstrates and transfers a training method that is safe, effective, combat relevant, and encourages a continuous thought process that demands accountability.**

**Training is conducted on the range and focuses on advanced refinement of the basic fundamentals of marksmanship as applied to the primary and secondary weapons systems. Utilizing a building block learning model, TAPS combines the**

pressures and dynamics of competitive shooting and tactical application. While course of instruction is on the firing range, the TAPS training approach also translates into training venues outside the range.

**Course Outline:**

The 2-day course offering provides the following training and instruction:

- Lecture on proper weapons handling and safety
- Refresh the fundamentals and grouping exercises
- Conduct a diagnostic course of fire
- Conduct a discussion on the importance of performing a focal shift during training and avoiding mundane drills that do not encourage a thought process
- Other topics covered and practiced are; grouping exercises with both primary and secondary weapon systems, target discrimination, use of barricades, movement, close quarter battle techniques, immediate action drills, ballistics 101, transitions, magazine changes
- Escalation of training and intensity will vary depending on number of students and their skill level though the core of the course will always remain the same
- This course is marksmanship intensive.

**Instructor: Pat "Mac" McNamara**

**Dates: May 25-26, 2016**

**Tuition: \$500**

**Location: Kent, Washington**

**Facility:**

**Kent Police Range**

**24523 116<sup>th</sup> Ave SE.**

**Kent, WA 98030**

**[Registration through SGT. Bill Blowers / bblowers@kentwa.gov](mailto:bblowers@kentwa.gov)**

**Weapon & Gear Class Requirements:**

- Handgun
- Minimum of 3 pistol magazines
- Serviceable holster
- Minimum 2 pistol magazine pouches
- Eye and ear protection
- Suitable range wear depending on the season
- Weapon cleaning & lubrication supplies
- Good attitude

**Ammo Requirements:**

**1000 rounds of handgun**