



# Gulla's Arrestling™

Train Weekly or Fight Weekly

## Police Ground Survival Instructor

**Course Description:** Ground Survival Instructor Course. Arrestling techniques have been developed over the past 15 years for Law Enforcement by Law Enforcement Professionals. This course stresses police ground tactics that avoid exposing your duty weapon and NOT for sport submission training. Course incorporates duty weapon into many training drills. Course exceeds State and Federal Standards for Police Ground Survival Instructor.

**Course includes:** Combat back-front-side falls with gun, shooting from the ground, ground control holds figure-4, kimura, armbar from top-seated-side, ground survival tactics, defense against takedowns, striking from top and bottom positions, escape from chokes, escape from mount and guard, getting back to standing safely, closing the gap to takedown, foot sweep takedowns, WRAPS™ takedown front-rear, ground weapon retention, getting suspects hands out from prone, small joint locks, defense against eye gouges, re-centering legs from ground, sweeps from ground to gain top control, arm locks to controlled cuffing, combat cuffing and two officer tactics.

**Cost:** \$300 per student (minimum of 20 students) Plus travel and lodging

**WHEN** March 6th, 7th, 8th

**WHERE** DOC Training Center - 1405 W. Pine St Walla Walla, WA 99362

### HOTEL OPTIONS

 1419 W. Pine St, Walla Walla, WA 99362  
\$77 Per night + Tax  
Phone: (509) 522-3500

- Hot Tub / Pool
- Deluxe Breakfast
- Lounge

 1433 W. Pine St, Walla Walla, WA 99362  
\$83 Per night + Tax  
Phone: (509) 525-6200

- Continental Breakfast
- Pool / Spa

Hosted by:

Walla Walla Co. Sheriff's Office

**CONTACT INFO:**

Sgt. Jason Langley  
Work #: (509) 524-5431  
Cell #: (509) 629-2189  
Email: jlangley@co.walla-walla.wa.us





# Police Ground Survival Instructor Course

Hosted by Walla Walla Sheriff's Office

Course #0450 GENERAL COURSE APPLICATION

PLEASE TYPE OR PRINT CLEARLY

## 1. GENERAL INFORMATION

Applicant's Name: \_\_\_\_\_ (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle)

Title/Rank: \_\_\_\_\_  Male  Female

Primary Duty Assignment: Patrol \_\_\_\_\_ Agency: \_\_\_\_\_

Agency Phone: \_\_\_\_\_ Agency Fax: \_\_\_\_\_ Agency E-Mail Address: \_\_\_\_\_

Agency Mailing Address: \_\_\_\_\_ (Street or PO Box) \_\_\_\_\_ (City) \_\_\_\_\_ (Zip)

IF THIS APPLICANT REQUIRES SPECIAL CLASSROOM ACCOMODATION, PLEASE MAKE REQUEST ON A SEPARATE SHEET AND ATTACH TO THIS APPLICATION.

## 2. COURSE INFORMATION

Course Title: **Advanced Ground Survival Instructor Course** Course Number: **0450**

Location of Course: **DOC Training Center  
1405 W. Pine St Walla Walla, WA 99362** Course Dates: **March 6-8<sup>th</sup>, 2015**

<b>Local Contact</b> <b>Sgt. Jason Langley</b> <b>Work #: (509) 524-5431</b> <b>Cell #: (509) 629-2189</b> <b>Email: <a href="mailto:jangley@co.walla-walla.wa.us">jangley@co.walla-walla.wa.us</a></b>	<b>LODGING</b> Holiday Inn 1433 W. Pine St, Walla Walla, WA 99362 \$83 Per night + Tax Phone: (509) 525-6200	Comfort Inn 1419 W. Pine St, Walla Walla, WA 99362 \$77 Per night + Tax Phone: (509) 522-3500
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Student responsible for food and lodging.

## 5. OPTIONAL

In determining acceptance or non-acceptance of this application, we will consider any special need or purpose which the applicant or his/her agency may have regarding the requested course or training. Comments: \_\_\_\_\_

## 6.

## 7. AUTHORIZATION

Agency Representative Authorizing Attendance:  Name (print) _____ Title _____ Signature _____ Date _____	Purchase Order # _____ Contact Person _____ Phone # _____
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Return completed application form to: **Don Gulla**  
**PO Box 868**  
**Ravensdale WA, 98051-0868 Email To: [Don.Gulla@Arrestling.com](mailto:Don.Gulla@Arrestling.com)**

Name of card \_\_\_\_\_ Address \_\_\_\_\_ Zip \_\_\_\_\_

Credit Card Payment \_\_\_\_\_ Visa M/C \_\_\_\_\_ No Debit Cards Card # \_\_\_\_\_ Exp \_\_\_\_\_

Questions regarding the application process should be directed to Sgt Don Gulla (206) 396-7040.  
**When completing application, please put your name as you would like it seen on your certificate.**