

# CISM: Individual Crisis Intervention and Peer Support

The two day class introduces the concept of specialized acute emergency mental health intervention which requires specialized training/ As physical first-aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first-aid.” Crisis interventions are typically done individually (one-on-one) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual intervention.

- The concept of CISM as a comprehensive crisis intervention program
- The role of the individual crisis intervention in the comprehensive CISM program
- Terms and concepts relevant to the study of crisis, traumatic stress and crisis intervention
- Differential utilities of selected crisis communication techniques
- Demonstration of selected crisis communication techniques
- Psychological reactions to crisis and trauma
- SAFER protocol for individual crisis intervention and it’s role in comprehensive CISM
- Demonstration of the use of SAFER protocol for individual crisis intervention
- Review of common problems encountered while working with individuals in crisis
- Question/Answer

This class meets the RCW 5.60.060 requirement for peer support programs for law enforcement privilege communication.

## Training offered by the Community Recovery Committee/Marysville Police Department

**January 27th** • 8:30AM to 4:30PM, and  
**January 28th** • 8:30 to 3:30PM  
(1 hour for lunch each day)

**Tulalip, WA** - Meeting location will be sent to registrants after they register

### Registration:

- Local Agencies have first priority until January 5th. Any spots remaining will be available to other agencies starting January 6.
- Cost is \$30, payable to the City of Marysville. Invoices will be sent with registration confirmation.
- To register - email name, agency, mailing address, email address and contact phone number to [parksandrec@marysvillewa.gov](mailto:parksandrec@marysvillewa.gov). You will receive a confirmation once you are registered.  
(Due to the holidays you may not receive confirmation until January 5th.) No shows may be billed up to \$200.



**Instructor Daniel W. Clark, Ph.D.** is a licensed clinical psychologist currently working as the Washington State Patrol Department Psychologist as well as the CEO of Critical Concepts Consulting. He is a member of the faculty of the International Critical Incident Stress Foundation and a recognized instructor for the CISM: Group Crisis Intervention, CISM: Advanced Group Crisis Intervention, CISM: Individual Crisis Intervention & Peer Support, and Law Enforcement Perspectives for CISM Enhancement. He is the author of the Suicide: Prevention, Intervention, & Postvention course and a co-author of the Strategic Response to Crisis course. He is a past-President of the Washington Critical Incident Stress Management Network, and a past-Chair of the International Chiefs of Police Psychological Services Section.

Dr. Clark routinely presents on a variety of topics including workplace violence; suicide prevention, intervention, and postvention; critical incident stress management; peer support; death notification; time, anger, and stress management; coping with change, communication skills, and related topics.

**Critical Concepts Consulting • (360) 349-1698**  
2103 Harrison Avenue NW, #2183, Olympia WA 98502  
[www.CriticalConcepts.org](http://www.CriticalConcepts.org)