



**SPOKANE COUNTY SHERIFF'S OFFICE**  
Protecting & Serving Our Own, Reducing Police Suicides  
P.T.S.D



**DATE:** September 23rd, 2014

**LOCATION:** SCSO Training Center

**TIME:** 0800-1600

**COST:** \$75.00

**DESCRIPTION:** The single most lethal aspect of police work is suicide. Some estimates show that the suicide rate for law enforcement officers is two to three times that of the general public. And three times as many officers kill themselves compared to those killed by criminals in the line of duty.

In this course, you will learn about critical incident stress management, post-traumatic stress disorder, and other psychological stressors affecting law enforcement. We will identify the symptoms that may indicate when an officer is suicidal along with methods for breaking the "blue wall of silence" and responding with the appropriate help and resources that are needed. And you will learn about developing the appropriate policies and training programs that will allow your agency to take a proactive approach to this terrible problem.

Robert Douglas is a leading expert in the area of police suicide according to Dateline, CNN, Time Magazine, and USA Today. He is also the author of four books: Death with No Valor, Hope Beyond the Badge, Healing for a Hero's Heart and soon to be published, The art of Being You. Bob served as a US Marine, 25-year veteran of two police departments, 24 years as a pastor, and several law enforcement agencies as a chaplain.

**WHO SHOULD ATTEND:** LE personnel, chaplains, mental health providers and other LE help resources.

**REGISTRATION:** Please register online at Spokane County Sheriff's Office webpage.  
Cost - \$75.00 made payable to Spokane County Sheriff's Office