

CISM: Individual Crisis Intervention & Peer Support

Course Intended For:

Any Law Enforcement
Firefighters, EMS
Dispatchers
Medical Personnel
Corrections Officers
Chaplains
Airport Security
Campus Police
Emergency Medical Personnel
Emergency Response Staff
Critical Incident Teams
Mental Health Support
Federal Employees
Reserves/Volunteers
Parole & Probation
Private Security
Juvenile Counselors
Call-Takers
FBI, DEA, CBP, ICE, DOE
Detention Personnel
Campus Security
Emergency Room Staff
Mental Health
Juvenile Corrections
Arson Investigators
TSA Personnel
Unarmed Security Officers
BLM Law Enforcement
Private Investigator
Armed Security Officers
Court Personnel
Fraud Investigators
BLM Fire
Park Rangers
USFS Law Enforcement
DHS Investigators
Insurance Investigators
Homeland Security Personnel
Supervisors
Specialty Team Members
School Safety Personnel
Mental Health Personnel
Labor Investigators
Employment Investigators
Licensing Board Investigators
Transportation Personnel
Park Police
Disaster Response Personnel

July 15-16, 2014 8:00am to 4:30pm each day

at the Lakewood Police Department - Training Room

9401 Lakewood Drive, **Lakewood, WA**

(Course made possible by the Lakewood Police Department)

Only \$199 when you register on-line at www.code4.org

or \$209 when you register by phone at 1-800-622-9391.

Price includes **ICISF handout**, an **ICISF certificate of completion** and coffee.

Course Information

Crisis intervention is NOT psychotherapy, rather it is a specialized acute emergency mental health intervention which requires specialized training. Crisis intervention is sometimes called "emotional first-aid." Crisis interventions are typically done individually (one-on-one) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for individual intervention.

Topics to be covered include:

The role of the individual crisis intervention in the comprehensive CISM program. Terms and concepts relevant to the study of crisis, traumatic stress and crisis intervention. Differential utilities of selected crisis communication techniques. Demonstration of selected crisis communication techniques. Psychological reactions to crisis and trauma. SAFER protocol for individual crisis intervention and its role in comprehensive CISM. Demonstration of the use of SAFER protocol for individual crisis intervention. Review of common problems encountered with individuals in crisis.

Instructor: Captain Michael R. Cobb, BCETS

Michael Cobb currently serves as a Captain with the Richland, Washington Police Department. Capt. Cobb has been with the department since 1982. Some of his assignments include being a member of the Tri-City Regional SWAT team since 1985 and experience as a K-9 handler for 9 years. The focus of his career has been working the street in the Field Operations Division. As a Captain, he has commanded Field Operations, Support Operations, Administrative Services, and served as Interim Chief of Police. A past President of the Washington State Tactical Officers Association (WSTOA), Mike continues to provide CISM services for the WSTOA and assists other tactical teams across North America.

He is a co-founder of the Tri-City CISM Network, their past President and current Law Enforcement Coordinator. Mike is a faculty member with the International Critical Incident Stress Foundation (ICISF) and serves on the ICISF's Speakers Bureau. He is an approved instructor for CISM: Group Crisis Intervention, CISM: Advanced Group Crisis Intervention, CISM: Peer Support/Individual Crisis Intervention and Law Enforcement Perspectives for CISM Enhancement programs. Capt. Cobb is a Board Certified Expert in Traumatic Stress and a Diplomate member of the American Academy of Experts in Traumatic Stress.

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