

# Basic Physical Defense Instructor Certification

- R.A.D. is the largest network of its kind with over 7000 Instructors receiving training in our systems to date. These Instructors teach at various colleges, universities, and municipal law enforcement agencies as well as various other community organizations internationally
- Realistic self-defense tactics and techniques for women
- R.A.D. is the only existing program with a free lifetime return and practice policy, honored throughout both the US and Canada
- Exclusively endorsed by the International Association of Campus Law Enforcement Administrators (IACLEA), the National Self-Defense Institute, RedMan Training Gear, and the National Academy of Defense Education



Participants will be certified, upon successful completion, to teach the R.A.D. System of Basic Physical Defense. This intense, 3 day, 30 hour Instructor Program is a cost effective way to obtain your own Self-Defense Instructor(s), and offer this consistently structured, time tested, proactive program to the women in your community. This is a most comprehensive program and the only one of its kind, and now your agency can utilize its basic, tailored format as an addition to your present crime prevention offering. This course is taught in a relaxed environment that is conducive to learning, tested instructional techniques, proven tactics and unique insights about the problem of violence against women. Our program also includes physical defense workouts for technique development, and an evening exercise that is designed to simulate confrontational circumstances. From awareness and risk reduction to simulation training suits, this program covers all the basics. Registration includes a 200+ page Instructor Curriculum with Participant Manual to copy, Instructor Certificate and one year of The Instructor's Voice Newsletter.



## University of Washington Police Department

**UWPD October 7-9, 2013**  
**1117 NE Boat Street**  
**Seattle, WA 98105**

**Certified RAD Instructor Trainer:**  
**Jason Berthon-Koch**



# Rape Aggression Defense Systems Basic Instructor Certification Program

University of Washington Police Department

**Tuition for this program is \$450.00. Discount for IACLEA members \$350.00**  
Male/Female teams highly recommended. To enroll, please complete the registration form below and mail, along with check or money order payable to:

**CWU Police Department**  
**Attn: Capt. Jason Berthon-Koch**  
400 E University Way  
Ellensburg, WA 98926

**Call or email for more information:**

Email: [kochj@cwu.edu](mailto:kochj@cwu.edu)

Phone: (509) 963-2980

***Please e-mail or call to reserve your spot today***

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## Rape Aggression Defense Basic Instructor Certification Program University of Washington Police Department

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Department/Organization: \_\_\_\_\_

DayPhone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email Address: \_\_\_\_\_

Police Officer: \_\_\_\_\_ Qualified Specialist: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_ IACLEA Member: \_\_\_\_\_

*Payment is due on or before the start of class. Cancellations are subject to a 20% processing charge from the intended tuition. Refunds will not be permitted for cancellations made within one week of program start. However, credit will be made toward another R.A.D. System Instructor's Program. If the program is cancelled, a full refund of tuition will be given. 50/50 male/female ratio minimum must be achieved; women will receive priority registration. Male substitutes are not permitted for female registrants.*