

Advanced Ground Survival Tactics and Weapon Retention Instructor Course

Arrestling - Coach Level – Certification

Dates: January 25-29th, 2016

Length: 5 Days – 40 hours **0800-1700 hours**

Host Agency: Kirkland Police Department

Training Location: Kirkland Justice Center

Cost: \$700 per student



Contact Person(s): Sgt Don Gulla
Email: Don.Gulla@Arrestling.com
Phone: 206-396-7040
Website: www.Arrestling.com

Course description: This 5 day course is designed for Advanced Defensive Tactics Instructors who wish to teach Arrestling Basic/Advance at department level or academy level. The class is designed to reduce department liability and increase officer's ability to control a suspect within the department's use of force policy. The course will combine both defensive tactic, less lethal weapons and firearms.

Class will cover basic and advanced Arrestling concepts including:

Tactical Falling while shooting – Officer will be able to draw and shoot even when knocked down or falling during an attack. Back, Front, Side and Rolling. Officers will actually practice shooting while falling and from knock down position using Airsoft guns against armed attackers (Eye protection provided).

Weapon Retention And Protection – Officer will learn to protect weapon with suspect attacking from front, rear position, seated or on the ground and with officer behind suspect. Officers will practice weapon retention from unorthodox positions that officer end up in during arrest situations.

Striking – Law Enforcement Level II strikes from standing, the ground control positions and officer survival strikes from the knock down position.

Interview to takedown – Hardest part of arresting an resisting suspect is getting pass the striking zone to a control takedown position. Officers will learn how to close against a suspect who is striking or avoiding arrest (without getting punched).

Advanced ground control – Officers will learn the safest positions to control the suspect while protecting their duty weapons. They will learn the most common form of resistance to arrest and how to take advantage of it.

Small joint manipulation – Easiest way for smaller officers to control larger and stronger suspects. Finger and thumb locks will be used during all phases of training, from vehicle extractions to weapon retentions.

Training equipment needs – Officer will learn what training equipment is needed for different realistic training drills and how to setup training drills.

This course meets or exceeds State and Federal Standards for Ground and Weapon Retention Instructor Level Courses.

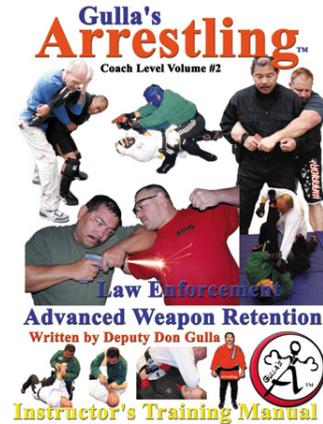
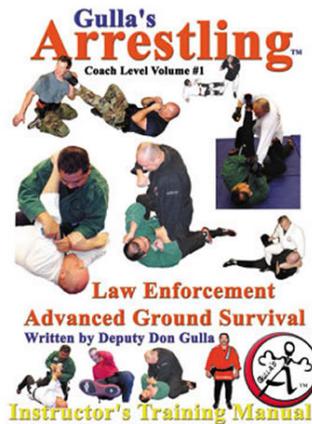
Arrestling drills

- Student will learn how to train with safety equipment during resistive arrest situations. Drills are used to teach basics. Once Officers learn basics, higher level of force on force training will began.

Teaching principles will be stressed along with learning styles, student grading, DT simulation, safe guarding role players, training gear and roll call training. This is a physical course. Expect to be tired after each day of training.

Instructors: Founder **Sgt Don Gulla** and Arrestling Instructors. Instructors are also Master Defensive Tactics Instructors certified by the Washington State Criminal Justice Training Center.

Each student will receive a copy of Advanced Weapon Retention and Advanced Ground Survival Training Manuals:



Student's Required Equipment

- Wrestling or mat type shoes
- Duty type belt with holster and cuff case
- Taser Holster for X-26 If you carry X-2, Bring X-2 and Holster
- Handcuffs or Training Cuffs
- SIRT Pistol or mock weapon that will fit in their duty holster
- MMA Gloves that allow officer to draw mock handgun

- BDU top or Judo, Sambo JuiJitsu Gi
- Mouth Piece
- Shin Guards
- Focus Mitts
- Simmunition/UTM Conversion for Handgun or Simm Gun
- 50 Simmunition Securi-Blanks Rounds
- Eye Protection
- Ballistic Vest
- Hearing Protection
- Water Bottle
- Optional:** Kneepads and Wrestling Headgear

Advanced Weapon Retention/Ground Survival Instructor Course – Arrestling Coach Level

Hosted by Kirkland Police Dept

Registration Form

PLEASE TYPE OR PRINT CLEARLY

1. GENERAL INFORMATION

Applicant's Name: _____		
(Last)	(First)	(Middle)
Title/Rank: _____		<input type="checkbox"/> Male <input type="checkbox"/> Female
Primary Duty Assignment: Patrol _____	Agency: _____	
Agency Phone: _____	Agency Fax: _____	Agency E-Mail Address: _____
Agency Mailing Address: _____	(Street or PO Box)	(City) (Zip)

2. COURSE INFORMATION

Course Title: Advanced Weapon Retention/Ground Survival Instructor Course	Course Number: 2187
Location of Course: Kirkland Justice Center 11750 NE 118 th Street, Kirkland, WA 98034	Course Dates: January 25-29th, 2016 Course Times: 0800-1700 hrs

Local Contact
 Training Officer Tiffany Trombley
 Kirkland Police Department
 11750 NE 118th ST
 Kirkland, WA 98034
 Phone: 425-587-3477
 Mobile: 425-864-0047
 Email: ttrombley@kirklandwa.gov

LODGING
 See attached sheet

Student responsible for food and lodging.

5. OPTIONAL

6.

7. AUTHORIZATION – If required

Agency Representative Authorizing Attendance:	Purchase Order # _____
Name (print) _____ Title _____	Contact Person _____
Signature _____ Date _____	Phone # _____

Return completed application form to: **Sgt Don Gulla**
 PO Box 868
 Ravensdale WA, 98051-0868 **Email To:** Don.Gulla@Arrestling.com
Make \$700.00 check payable to: Don Gulla

Name of card _____ Address _____ Zip _____
 Credit Card Payment _____ Visa M/C _____ No Debit Cards Card # _____ Exp _____

Questions regarding the application process should be directed to Sgt Don Gulla (206) 396-7040.

