



6TH ANNUAL LAW ENFORCEMENT
FAMILY NETWORK CONFERENCE

THRIVING BEHIND THE BADGE

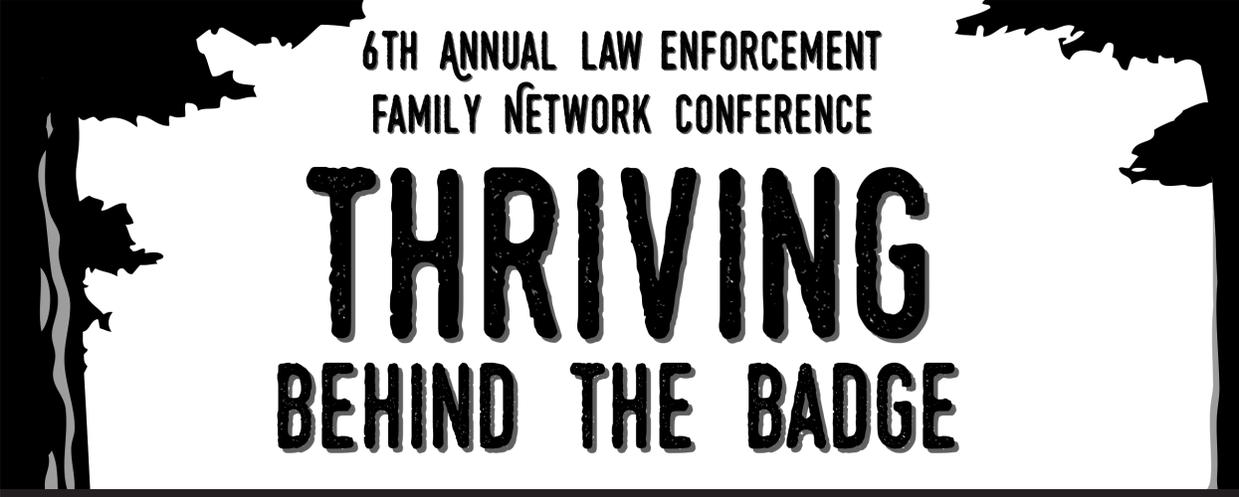


October 2-4, 2015 | Seattle Airport Marriott

Featuring Dr. Larry Blum
author of "Stoning the Keepers at the Gate -
Society's Relationship With Law Enforcement"

For more information contact:

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Name: _____

Email: _____

Mobile: _____

LE Agency: _____

Spouse / Significant Other Name: _____

Spouse / Significant Other Email: _____

Address: _____

I Am: LEO Family Member Chaplain Other

For additional information contact Kim Bruce at Behind the Badge Foundation
425-747-7523 • kim@behindthebadgefoundation.org



2015 LEFN Conference
*" Thriving Behind the Badge -
At Work and At Home"*
October 02 – 04, 2015

Friday, October 02

5:00 – 7:00 pm Registration
7:00 – 9:00 pm Evening Social

Saturday, October 03

8:00 – 9:00 am Continental breakfast; late registration

9:00 – 9:30 am Brian Johnston
Welcome – draw main raffle ticket

9:30 – 12:30 pm Lawrence N. Blum, Ph.D.
*"Stoning the Keepers at the Gate: Society's Relationship
With Law Enforcement"*

12:30 - 1:30 pm Lunch

1:30 – 3:30pm Tim Wear and Cindi Sinnema
"Interactive Roundtable"

3:30 – 4:30 LEFN Family Support Training

4:30 – 5:00 p.m. Announcements - end of first day

5:00 – 7:00 p.m. Evening Social

Sunday, October 04

8:30 – 9:00 a.m. Continental breakfast

9:00 – 11:30am Beth Wareing, Seattle
*"Why Can't You Hear Me? Effective Communication for
Difficult Times"*

11:30 – 12:00 pm Closing

2015 Law Enforcement Family Network Conference
“*Thriving Behind the Badge* - at Work and at Home”
October 2-4, 2015
Seattle Airport Marriott

SPEAKER BIOGRAPHIES

Lawrence N. Blum, Ph.D.



Doctor Larry Blum is a Clinical Psychologist who has devoted his life's work to the safety and wellbeing of those who serve in law enforcement. Since 1981, he has treated hundreds of peace officers in the aftermath of lethal force encounters, traumatic crisis incidents, and the day-to-day challenges of police work. He has been recognized for his expertise in providing consultation and training to local, state, and federal law enforcement agencies in the management of police work stress.

To ensure that posttraumatic stress intervention for peace officers would be successful, Dr. Blum developed the Trauma Response Team model. Trauma Response Teams are composed of peace officers and Dispatchers that are trained and supervised to provide psychological first aid and support to their fellow officers in the immediate aftermath of crisis encounters. This program has been used successfully in California, Oregon, New York, and Texas to save peace officers from the wounds that have no entry mark.

In an effort to reduce the assaults and murders of peace officers, Larry developed the “I’ve Been Shot!” Program. Doctor Blum has taught hundreds of peace officers the mental skills, proficiency, and habits to control what their brains and bodies do when they are shot, stabbed, or bludgeoned.

Larry has responded to numerous critical law enforcement incidents. This unfortunately involved the tragic murders of twenty-seven police officers, and well over one hundred peace officers that were seriously wounded or disabled by an assailant's hand.

These experiences led Doctor Blum to author three important books for peace officers. “Force Under Pressure: How Cops Live and Why They Die;” “Stoning the Keepers at the Gate: Society's Relationship with Law Enforcement,” and “Turning Tragedy Into Victory: Lessons Learned from Cops Who Have Fallen Enforcing the Law.

Larry discovered that once an officer is at a tactical disadvantage, he or she can't “take it back.” He created the Tactical Decision Making Under Stress Program, where peace officers are taught to maintain their concentration, focus of attention, and controlled actions during unexpected critical incidents. Doctor Blum's methodology and mental skills scenario training have been credited with saving peace officer lives during lethal force encounters.

Doctor Blum has performed national research on the incidence, prevalence, and consequence of police stress for the International Union of Police Associations and the National Association of Police Organizations. He has consulted with state Narcotics Officer Associations in Arizona, California, Colorado, Nevada, Ohio, Oregon, Tennessee, Texas, Utah, Vermont, and Washington.

Larry is a distinguished Psychologist who understands “cops.” For the past thirty-four years, he has made a difference in the safety and welfare of thousands of law enforcement officers and families.

Beth Wareing



Beth Wareing has been a police officer since 1997. Currently the Bias Crimes Coordinator and a Hostage Negotiator for the Seattle Police Department, she has also been active as a Critical Incident Stress Management de-briefer and first responder peer in the Puget Sound Region since 2008. She has worked as a peer, trainer, and board member for Safe Call Now and Code 4 Northwest. She earned a Master’s Degree in Counseling Psychology in 2009, and worked as a masters level counselor at a local treatment center from 2009-2013. Beth draws on her unique personal and professional experience to help first responders and their families recognize signs of burnout, depression, PTSD, substance abuse and other mental health issues, and learn to communicate effectively with one another to navigate the unique challenges first responder families encounter.

Cindi Sinnema



Cindi Sinnema has worked in the field of traumatic response and community support for over 25 years. She attended the University of Washington and worked with Separation and Loss Services at Virginia Mason and then as a Chaplain locally and across the county. She has worked with individuals, families and communities who have been impacted by disasters, both natural and man-made. She has worked with first responders all over the country to provide support and follow up services to those impacted by the unexpected. In her role as Chaplain, she trained community volunteers to provide assistance in the aftermath of trauma and loss. Cindi works with Behind the Badge Foundation as a Program Specialist.



Tim Wear

Tim Wear is a 30 plus year veteran of the Seattle Police Department. He currently holds one of two positions as Peer Support Coordinator and Peer Mentor Advisor. Tim worked as a Detective in the Sexual Assault, Narcotics and Traffic Collision Investigation Units. He held positions in the Harbor Patrol Unit, Community Police Team and Anti-Crime Team. Tim was an instructor for the Washington State Criminal Justice Training Commission and taught for Northwestern University – Center for Public Safety. Tim graduated from Eastern Washington University and has been trained in Critical Incident Stress Management. Tim enjoys saltwater fishing and spending time with his wife and black lab in the pristine waters of Puget Sound.



Gayle Frink-Schulz

Gayle Frink-Schulz became a police widow in 1993 when her husband, Trooper Steven L. Frink was killed in the line of duty. Steve was a motor officer with the Washington State Patrol. At the time of his death, their daughter Kari was 14 years old and their son, Christian, was 3 years old.

Gayle worked through her grief by supporting families suffering the loss of their officer to a law enforcement line of duty death and supporting the police agencies affected by the loss of one of their own. She served at the national level as a board member of Concerns of Police Survivors (COPS), trained nationally for COPS as a lead-presenter on 'The Traumas of Law Enforcement' and trained at the CJTC Basic Academy on 'Critical Incident Stress and the Family'.

In 1994 she started the Washington State chapter of Concerns of Police Survivors along with three other police widows – Karen Hawn, Sedonia Cochran and Lois Masengale. Gayle served as the president of WA State COPS for six years and was a board member of the Washington State Law Enforcement Memorial (WSLEM). She then served as the Executive Director for the Washington State Law Enforcement Memorial and 10-99 Foundations. She oversaw fundraising and construction of the Washington State Law Enforcement Memorial. Gayle is a founding member of Behind the Badge Foundation's line of duty death response team; her role on the team is family support. She currently serves as the Program/Services Director for Behind the Badge Foundation.